SBSS, Market House, Lerwick



BEREAVEMENT & LOSS

TRAINING

Induction Evening 6-8pm 21 April 2023

Course Dates 9.30-4pm

29, 30 April 13, 14 May 11, 18 June

Lecturers:

Gwen Abernethy Laurence Sutherland

only £80 - £300 or **FREE for volunteers***

APPLY NOW!!!

APPLICATION PACKS AVAILABLE ON OUR WEBSITE

Course Content:

- covers key counselling skills and models of the process of grief and bereavement.
- is taught in an experiential way to allow participants to develop the foundation of awareness, skills and knowledge they will need to begin work as bereavement support workers.
- The course is suitable as a professional development course for professionals who work with bereaved people or for those working in a voluntary capacity with issues of grief and loss.
- Role play and simulated practice are used on this course and participants are expected to be prepared to address their own issues.
- focuses on the participants' own experience of loss as well as looking at psychological models and theories of the process of grieving and the experience of loss.

*Shetland Bereavement Support Service will cover the fees for this training for individuals who have expressed an interest in volunteering with the service. For organisations and individuals who would like to undertake this training to develop their staff or for their own personal development, a fee will be charged.



